*Learning guide for per vaginal examination*

* Introduce yourself and ask the patient her name.
* Stand on the right of the patient.
* Explain the procedure.
* Oral consent
* Presence of patient relative and nurse(chaperone)
* Use disposable gloves with lubrication.
* Patient should lie in lithotomy.
* Start by inspection of valva
* Insert the index finger then followed by middle finger and slope gradually deeper in vagina following its direction.
* Then bimanual examination index and middle finger of the right hand are placed in the anterior vaginal fornix while the left hand is placed on abdominal wall.

|  |  |  |  |
| --- | --- | --- | --- |
| PV CHECK LIST | | | ✓ |
| Introduce yourself and ask the patient about her name | | 1/2 |  |
| Explain the procedure & take oral consent | | 1/2 |  |
| PERFORM PV | Stand on right of patient | 1/2 |  |
| Patient position | 1/2 |  |
| Wear gloves | 1/2 |  |
| Use lubricant | 1/2 |  |
| Inspect | 1 |  |
| Introduce tip of finger & palpate | 1 |  |
| Total mark | /5 | | |

*Learning guide for per rectal examination*

* Introduce yourself and ask the patient about her name
* Stand on the right of the patient.
* Explain the procedure.
* Oral consent
* Presence of patient relative and nurse(chaperone)
* Use disposable gloves with lubrication.
* Patient should lie in left lateral position or knee chest position.
* Start by inspecting perineum and perianal area.
* Insert the tip of index finger inside anal canal and directed toward the umbilicus before turning posteriorly toward the sacral concavity.

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| --- | --- | --- | --- |
| PR CHECK LIST | | | Student performance |
| Introduce yourself and ask the patient about her name | |  |  |
| Explain the procedure & take oral consent | |  |  |
| PERFORM PR | Stand on right of patient | 1/2 |  |
| Patient position | 1/2 |  |
| Wear gloves | 1/2 |  |
| Use lubricant | 1/2 |  |
| Inspect | 1/2 |  |
| Introduce tip of finger & palpate | 1/2 |  |
| Total mark | /2.5 | | |

*Learning guide for superficial suturing examination*

* Introduce yourself and ask the patient about her / his name
* Stand on the right of the patient.
* Explain the procedure.
* Oral consent
* Use Sterile gloves.
* Hold the needle holder and the forceps.
* Start suturing the wound according to the proper suture whether simple, mattress or other.
* Cover the wound with sterile dressing after finishing.

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| --- | --- | --- | --- |
| Superficial Suturing checklist | | | Student performance |
| Introduce yourself and ask the patient about her name | |  |  |
| Explain the procedure & take oral consent | |  |  |
| PERFORM Suturing |  |  |  |
| Wear gloves | ½ |  |
| Hold needle holder correctly | ½ |  |
| Do Simple interrupted Continuous | ½ |  |
| Do Vertical & Horizontal mattress | 1/2 |  |
| Do figure of 8 & Half mattress | 1/2 |  |
| Total mark | /2.5 | | |

*Learning guide for local anesthesia injection*

* Introduce yourself and ask the patient her / his name.
* Stand on the right of the patient.
* Explain the procedure.
* Oral consent
* Use Sterile gloves.
* Start by sterilizing the skin with alcohol / betadine.
* Insert the needle intradermally and aspirate before injecting to make sure you are not intravascular.
* Repeat the procedure all around the wound or target area.
* Test for numbness before proceeding into the desired procedure.

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| --- | --- | --- | --- |
| Local Anesthesia CHECKLIST | | | Student performance |
| Introduce yourself and ask the patient about her name | | 1/2 |  |
| Explain the procedure & take oral consent | | 1/2 |  |
| Local anesthesia technique | Stand on right of patient | 1/2 |  |
| Patient position | 1/2 |  |
| Wear gloves | 1/2 |  |
| Insert needle intradermal | 1/2 |  |
| Aspirate | 1 |  |
| Test for numbness | 1 |  |
| Total mark | /5 | | |

*Learning guide for bed side test.*

To know Types of bed side test

Describe and interpretate CBC.

Perform urine analysis.

Urine analysis interpretation

To perform RBS test and interpretate.

|  |  |
| --- | --- |
| Bedside basic test checklist | Mark |
| Interpretate CBC | 1 |
| Perform RBS  & interpretate | 2 |
| Perform urine analysis & interpretate | 2 |
| Total | 5 |